RECIPE  
Potato Tomato



Serves 4

# 

# 

# 

# 

# Ingredients

* 1 ½ Pounds Ground Beef
* ½ Large Yellow Onion, diced
* 4 Potatoes, cubed
* 1 ½ Quarts Tomatoes, diced
* 3-4 Cups Water
* 3 Tsp Beef Better Than Bouillon, heaping
* 1 ½ Tbsp Cumin
* 2 Tsp Hot Chile Pepper Flakes
* Salt +Pepper, to taste

# Preparation

1. Brown ground beef in a large, high-walled saucepan, add in the onions to saute them after a couple of minutes
2. Once the onions are sauteed, add in potatoes, and tomatoes
3. Add water until all the contents of the pan are covered
4. Stir in the Beef stalk, cuimin, hot chile flakes and salt and pepper to taste
5. Cover and stir occasionally, cook until the potatoes are tender